

Heading into Your Practice

Creating Rituals

The term 'ritual' is used in the sense of creating a sacred mindset and a space.

Rituals are simply a time set aside to practice your beliefs, meditate, honor and manifest. When inside ritual space, you can have better focus to direct your energies (magick) and have a more positive outcome.

There are a few things that need to be remembered, and integrated, when doing a ritual; and below is what they are.

First, always keep in mind the Witch's Pyramid, which is an idea, a teaching tool, and a philosophical approach to assist in unleashing your full potential.

Example 1



Example 2



Creating Your Rituals

Focus your Attention – KNOW what you want to accomplish. Write out notes, or your entire ritual, before hand. Make it clear and concise!

Follow Through – DARE to trust in yourself and visualize your outcome

Do the actual work that is involved – WILL is attached to your outcome, and it is will that can assist you in achieving your outcome

Finish your work – Let SILENCE be your guide. Sometimes its best to remain quiet as your magick works it self through to the end. NEVER have an ego!

Prepping for Ritual

Always pre prepare in body, mind and soul BEFORE you enter ritual space.

1. Cleanse your body – take a shower, clean up
2. Cleanse your mind – allow yourself to focus on the ritual, not everyday mundane things
3. If your angry, sad, etc then LET IT GO – don't bring that negative energy into your sacred space. Your magick – thus your outcome – will become tainted
4. Place all items you will be using in your space
5. Cleanse the space your using – sage and salt work amazing at dispelling negative
6. Call to worship / Practice
7. Cast Your Circle
8. Call Quarters
9. Call your divine / divinity
10. Core of ritual – what you have done prior is setting up – both physically and energetically. Now its time to do the ritual
 - a. Ground and Center your energy
 - b. Focus your Intent
 - c. Spellwork
 - d. Chanting / Dancing
11. Cake and Ale – This is the time to give thanks
12. Grounding the energy
13. Thank and Release the divinity
14. Thank and Release the quarters
15. Open Circle
 - After ritual is a great time to socialize if in a large group – or if single, it's a great time to journal and/or for reflection